

# Life Happens Here.

At Eastside Center for Health and Rehabilitation,  
we center health care on healing so the joys  
of daily living can be celebrated.



# A Patient-Centered Approach to Better Health

Our center provides post-acute rehabilitation and long-term care services, including a myriad of medical and therapy services.

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## Better. Brighter. Stronger.

Eastside invests in the highest clinical oversight because we recognize that everyone benefits when our patients receive the best care.

### Our Short-Term Care Services

- Heart Failure and Cardiac Recovery
- Pulmonary Disease Management
- Neurology and Stroke Rehabilitation
- Orthopedic Injuries and Post-Surgical Care
- Diabetes Management
- Wound Care
- Amputee Rehabilitation
- IV Therapies

At Eastside, we provide care for residents who require around-the-clock assistance due to illness, frailty, or other challenges.

### Long-Term Care Services

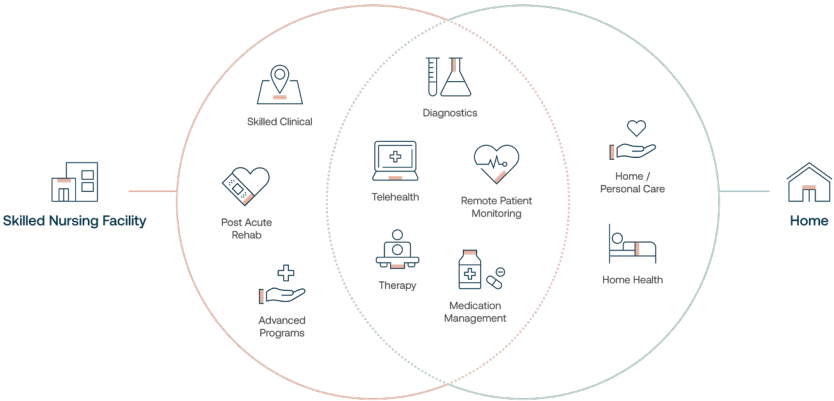
- 24-hour skilled nursing care
- Medication management
- Access to in-house primary care and specialty physicians
- Daily recreation programs
- Spiritual programs
- 3 meals a day, plus an always available menu
- Nutritional needs management
- Restorative care

### Types of Long-Term Care Offered

- Respite Care
- Palliative Care
- Hospice Care

# Passport™ — Eastside's Approach to Better Health

Our Passport™ approach connects our guests with the right continuum of care while they're staying with us in order to best support their recovery and treatment.



## Passport to Home

As part of our Passport™ approach, we offer a post-discharge transitional care program called Passport to Home.

### Passport to Home Goals

- Close the gap between care at facilities and care at home
- Ensure patients are fully supported throughout their transition to, and once home
- Improve access to providers in the community to support recovery goals
- Reduce preventable hospitalizations

Whether you remain here in our care or need support in transitioning to the next step in your care journey, National's vast network and unique Passport™ approach is the best way to get there.

## Advanced Technology Amplifies Care

We leverage advanced technologies to support clinical care and staff working directly with our guests. These tools ensure better outcomes through early detection of changes in health status and improve communication between healthcare providers and those in our care.

# Better. Brighter. Stronger.

At Eastside, we understand the little things make a big difference, which is why we place special attention on creating a stimulating environment that inspires our guests and residents while ensuring they are as comfortable as possible. Every day, our skilled, compassionate team strives to help the people we care for become a better, brighter, and stronger version of themselves.

Reach out today to learn about the amenities, activities, and environment we offer, or scan the QR code below to take a virtual tour.



A National Health Care Associates Affiliate Center

[nhca.com](http://nhca.com)

## Scan for a look inside Eastside

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